



**THE STOCK EXCHANGE VETERANS  
CHARITY ASSOCIATION**  
Registered Charity Number 211309

**Charity Steward's Report**  
**By Phil Nathan & Jemma Hamersley**

**Applications and Requests  
Information Received  
Items for Discussion  
Information**

**14<sup>th</sup> December 2016 - 1<sup>st</sup> November 2017**

**Phil Nathan**  
**Charity Steward**



**Outward Bound Trust**

Cheque Number 000904

Phil Nathan

£500.00

The Outward Bound Trust is an educational charity that uses the outdoors to help develop young people from all walks of life. Through the generosity of our donors, we are able to run adventurous and challenging outdoor learning courses that equip young people with valuable skills for education, work and life. We help them become more confident, more effective and more capable at school, college and in the workplace.

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Addenbrooke's  
Charitable Trust

**Addenbrooke's Charitable Trust - in memory of Stephen Barlow**

Cheque Number 000905

Phil Nathan

£500.00

Whether it is treatment for an emergency, acute condition, pregnancy or long-term illness, ACT believes that every patient deserves the highest quality of care available. With the help of supporters, ACT provides funds so that Addenbrooke's and the Rosie hospitals can offer the very best care day after day, year after year. ACT's aim is to continue to support the hospitals by raising funds for cutting-edge technology, additional specialist services, vital research and extra comforts for patients that make all the difference over and above what would be possible through NHS funding alone.

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Pregnancy  
Crisis Care

[Plymouth & SE Cornwall]

**Pregnancy Crisis Care - Plymouth & SE Cornwall**

Cheque Number 000906

Phil Nathan

£500.00

Pregnancy Crisis Care is a Plymouth-based charity helping women and their partners with any pregnancy related crisis by providing free, confidential, impartial support and counselling. Our team of dedicated practitioners have all undertaken specialist training in the areas of pregnancy choices, post-abortion and baby loss counselling. We have been offering this service in Plymouth since 2008.

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**Faithworks Wessex**

Cheque Number 000907

Phil Nathan

£500.00

Faithworks Wessex – a local charity helping people get out of crisis and isolation. We are a local independent Christian charity, passionate about helping people not only get out of crisis or isolation, but “journeying” with them until they thrive. We love to find practical solutions around Food, Finance, Home or People. And we work with lots of partners – Councils, other charities, and especially local churches.

We want people to be able to stand up and say “I can do this now!”

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**St John Ambulance**

Cheque Number 000908

Phil Nathan

£500.00

St John Ambulance is the nation’s leading first aid charity. Every year, more than 400,000 people learn how to save a life through our training programmes, including hundreds of thousands of young people.

Our volunteers provide first aid in their communities, keeping people safe at events, and working alongside the NHS in response to 999 calls. We’re also always campaigning to raise awareness of first aid and directly educate the public.

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**St Andrew's Club**

Cheque Number 000909

Phil Nathan

£500.00

St Andrew’s is a community based youth club which provides activities that are enabling, educational, fun and participative for young people from the ages of 5 to adulthood. The Club offers a safe, welcoming and active environment and aims to do right by our members to help them help themselves and others.

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**Somerset Sight**

Cheque Number 000910

Phil Nathan

£500.00

We are an independent, self-funding local charity reaching out to sight impaired people in both the towns and villages of Somerset with a range of services and activities. We know that life doesn't stop just because your sight has been affected. Our aim is to provide services; training and leisure activities that will help maintain independence and improve the quality of life of anyone who is affected by sight loss.

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**Marie Curie**

Cheque Number 000911 and 001008

Phil Nathan

£1000.00

Marie Curie is a registered charitable organisation in the United Kingdom which provides care and support to people with terminal illnesses and their families. It was established in 1948, the same year as the National Health Service.

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**Shoreditch Tabernacle Baptist Church**

Cheque Number 000912

Nick Bealer

£500.00

TransformUK was established to bring locally focused transformational love to the poorest parts of the UK. We run a range of services and projects to bring about individual and community change. Shoreditch Tab is a small local church having a big impact on its local community, with a rich history serving and demonstrating love to the local community for over 180 years! TransformShoreditch is the first location of TransformUK and is a partnership with Shoreditch Tab Church. Together in partnership we believe love can transform every individual and the communities they are in, no matter what circumstances and challenges they face.

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**Towards Tomorrow Together**

Cheque Number 000913

Phil Nathan

£500.00

We are a registered charity (number 1151022) currently with bases in Somerset and Worcestershire / The West Midlands, offering services to complement the wonderful work already being done by midwives / hospital staff in these areas for parents from the time they have discovered the devastating news that their baby has died to the weeks, months, and years ahead



**Young & Inspired**

Cheque Number 000914

Phil Nathan

£500.00

Young and Inspired Ltd was set up to enhance the lives of children and young people in Hackney, disadvantaged through poverty and social exclusion, which we do by providing a variety of experiences and opportunities which the young people would otherwise lack. These projects are designed to increase their self-confidence and self-esteem, improve their feelings of self-worth, help them in their education, so that they can become better people and develop into healthy and productive adults. Above all, we give them the ability to overcome their disadvantage and go on to be successful in their future.

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**BritishRedCross**

**British Red Cross – City of London**

Cheque Number 000915

Phil Nathan

£500.00

The Corporation of London has supported us for more than 20 years and has donated over £1.7 million to our emergency appeals.

Every year the Lord Mayor and the Lady Mayoress support a range of our community fundraising events in the City of London.

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**Glad's House**

Cheque Number 000916

Phil Nathan

£500.00

Thousands of young people live on the streets of Mombasa, Kenya. For these children life has always been a struggle for survival, often leading to the misuse of alcohol, drugs and a life of crime. Our purpose is to help as many 'street children & youths' as possible so that they can lead a 'normal life' and realise their potential. We achieve this in following ways:

We try to reunite children with their families using our team of social workers. Alternatively, we place the children with foster families. We place the children in full-time education. We also support higher education for them.

We use our sports programmes to engage with the children & youths and provide practical and emotional support.

Our enterprise schemes provide training and apprenticeships for young adults.

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**Michael Bartlett - Market Mobility scooter**

Cheque Number 000917

Phil Nathan

£500.00

Kelly Martin set up a JustGiving page for Michael Bartlett who is suffering with a rare genetic condition – Alpha 1 Antitrypsin Deficiency. The VETS donated £500 towards a mobility scooter from Market Mobility.

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**Catherine Concannon - Hand controls for her car**

Cheque Number 000918

Phil Nathan

£500.00

With our donation of £500 to Sirius Automotive Ltd, Catherine is nearly half way towards reaching her fundraising target of £2,633 (as of Dec 2016). Catherine, 58, is registered disabled and uses a wheelchair due to congenital orthopaedic deformities and personal injury. Our donation has contributed towards the cost of installing hand controls to her car.

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**Gloucestershire Gloucestershire Wildlife Trust**

Cheque Number 000919

Phil Nathan

£500.00

Gloucestershire Wildlife Trust works throughout the county to provide wildlife knowledge and expertise, from ecological consultancy to wildlife advice. The Trust is the leading partner in Gloucestershire's state of the art data unit GCER, where there are over 2,000,000 million records. Through the generosity of local support, the Trust is able to protect habitats and species both on its 60 nature reserves and throughout Gloucestershire. The Trust works towards introducing and inspiring more people about nature, through running over 100 wild events each year and educating over 3,000 school age children.

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0117 263 0880  
info@rework.org.uk  
www.rework.org.uk

18 Farnold Buildings  
Kingsmead West  
Gloucester GL1 1JH



**re:work**

Cheque Number 000920

Phil Nathan

£500.00

To relieve poverty among the residents of South Bristol. To advance education among the residents of South Bristol, particularly among young people and the unemployed.  
To promote and/or provide training in skills of all kinds, particularly such skills as will assist residents of South Bristol in obtaining paid employment.  
To promote establish and operate other schemes of a charitable nature for the benefit of the community within South Bristol.

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**Lucy Air Ambulance for Children**

Cheque Number 000921

Phil Nathan

£500.00

We are a Registered Charity that provides planned transfers of children up to the age of 16 years to the right hospital so they can access the specialist care they need. Our youngest transfer patient was born at just 23 weeks gestation and needed moving to a specialist unit closer to home to continue receiving optimum care and be reunited with their family network. Other young babies require similar transfers whereas older children will be requiring treatment in specialist units for a range of complex condition.

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**St Werburghs City Farm**

Cheque Number 000922

Phil Nathan

£500.00

As well as caring for four outdoor sites, and offering an open access farm all year round, the Farm delivers a range of community activities. Outdoor education, youth engagement, supported training, volunteer opportunities, family activities and seasonal events.

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**African Initiatives**

Cheque Number 000923

Mike Dedman

£500.00

We are currently seeking funding to support our girls education work in Tanzania, which will help to improve marginalised girls' access to quality education. Our projects will increase the enrolment, retention and performance of girls in school, reduce the dropout rates during the transition period between primary and secondary school and improve teaching standards through training and mentoring of teachers and school boards.

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**BF Adventure**

Cheque Number 000924

Phil Nathan

£500.00

Every year BF Adventure, formerly known as Bishop's Forum, helps hundreds of disadvantaged and disabled children and adults in Cornwall to believe in themselves and gain the skills and accreditations to succeed at school or to find employment.

In total the Adventure centre runs more than 8000 activity sessions annually for over 3000 Cornish individuals including:

- Long-term programmes for young people aged 14-25 who are not in education, employment and training.
  - Early intervention programmes for primary school age children
  - Activity breaks for disabled children and adults and their families.
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### **Lichfield Talking News**

Cheque Number 000925

Phil Nathan & Mike Dedman

£500.00

The Lichfield & District Talking Newspaper began production in November 1981 with important backing from Lichfield Lions Club and also both the Rotary and Round Table groups that operated in Lichfield at that time, plus there was support from local Councillors, such as Stan Smith, who was Mayor at the time. Both the Lions Club and Lichfield Rotary St Chad have maintained close ties with the Talking Newspaper over the ensuing years and have regularly provided essential funds.

The move to digital technology had an immediate and profound effect. Listeners are overjoyed, to say the least, and the new service has become the talk of the Blind Clubs that meet throughout the region. We are therefore expecting an explosion in demand over the next year or so. There are 1100 visually impaired people in Lichfield alone and we reach only 400 of them. Growth in demand is running at 5 new listeners a week, at a cost of £60 per listener.

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### **Second Chance**

Cheque Number 000926

Phil Nathan

£500.00

Second Chance was founded in 1984 and grew from the work of the founder and present chief executive Doug Hulme in special schools. It was originally known as "The Foster an Angler" charity, because it took children from deprived backgrounds camping and fishing.

Now based in our offices in Portsmouth, it has come a long way since those early beginnings and is a nationally established independent and innovative social agency with many resources and skills at its disposal. Uniquely, it still takes the youngsters fishing and uses the medium of this popular leisure time activity to establish links and lines of communication between the youngsters and the volunteer adults, and to give children a sense of achievement, confidence and a social understanding.

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**in the mix**  
youth project

### **In The Mix Youth Project**

Cheque Number 000927

Phil Nathan

£ 500.00

In The Mix Youth Project is a local youth work provider based in Somerset providing informal youth work opportunities and experiences for young people. We are based in Somerset and work in Devon, Somerset and Dorset, we specialise in providing youth work opportunities and youth provision for young people in rural communities. We also provide positive activity days and adventure days for young people and adults alike, providing different and engaging opportunities that enhance people's experiences. In The Mix Project also provide corporate services for businesses and organisations including promotional work, team building, training days, film work etc.

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**Drama Expressions for Children**

Cheque Number 000928

Phil Nathan

£500.00

Drama Expression For Children aims to provide leisure and recreational outlets for disadvantaged children who otherwise would not enjoy such opportunities. Our organisation is run by a group of dedicated local volunteers who wish to bring smiles to the faces of these disadvantaged children.

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**Keynsham and District Mencap Society**

Cheque Number 000930

Phil Nathan

£500.00

Keynsham & District Mencap work to improve the lives and opportunities of children and adults with a wide range of learning disabilities. We offer a variety of social and leisure opportunities for children and adults. We welcome members from BANES, Bristol and South Glos as well as some further afield and have a membership of over 150.

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**Buckingham Almshouses and Welfare Charity**

Cheque Number 000931

Phil Nathan

£ 500.00

Buckingham General Charities was formed in 1983 as an amalgamation of 17 individual charities within the 1896 Parish of Buckingham. This historical parish includes the present day parishes of Buckingham, Bourton and Gawcott with Lenborough. Buckingham General Charities incorporated in 2016 to become Buckingham Almshouses and Welfare Charity; the new name reflecting its purpose. Buckingham Almshouses and Welfare Charity own and maintains almshouses in Buckingham, allotments in Gawcott and some additional recreational and agricultural land. The Charity may also provide grant relief in cases of need.

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**Sue Ryder**

Cheque Number 000932

Mike Dedman

£500.00

We provide incredible hospice and neurological care for people facing a frightening, life-changing diagnosis. It's not just expert medical care we provide. It's the emotional support and practical things we take care of too. We do whatever we can to be a safety net for our patients and their loved ones at the most difficult time of their lives.

Not only do we treat more conditions than any other UK charity in our hospices, neurological care centres and out in the community; we also influence others to improve the lives of people living with them. We see the person, not the condition, taking time to understand the small things that help that person live the fullest life they can.

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**Action on Elder Abuse**

Cheque Number 000933

Mike Dedman

£500.00

We work to protect and prevent the abuse of vulnerable older adults and by doing so we also protect other adults a risk of abuse. We are the first charity to address these problems and are the only charity in the United Kingdom working exclusively on the issue today.

Over 500,000 older people are abused in the UK each year. Elder abuse can occur anywhere. This includes in someone's own home, a residential home, or a hospital.

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**Anode Connect**

Cheque Number 000934

Phil Nathan

£500.00

Anode is a Charity that provides a holistic service to help an individual through challenging times by engaging with one or more of our programs. We look to build a foundation that encourages self-belief, independence and responsibility. Our Motto is "Changing Lives, Giving a Voice & Fighting Poverty" and we are passionate about helping out where needed. We recognise that each individual is unique and we are committed to helping people connect with HOPE!

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**Police Community Clubs of Great Britain**

Cheque Number 000935 and 000984

Phil Nathan

£1000.00

We do many things, all of which are aimed at providing a safer and more inclusive life for the most disadvantaged children and young people in our communities.

It is important to note that the PCCGB / NPCT is administered 'entirely' by serving and retired police officers and, as and when required we engage with some of the most experienced, innovative and informed consultants in Citizenship and Community Project delivery in the United Kingdom.

The potential benefit of the work carried out by both organisations is huge. Both have a national network of 'volunteer' professionals to support the development and delivery of projects and a unique means of tapping into the ideas of children and young people. The various concepts are innovative, focused and at the forefront of current thinking on working with young people, tackling social exclusion and building sustainable communities.

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**Havens Hospices**

Cheque Number 000936

Phil Nathan

£500.00

When a family has been told that there's no cure for their loved one's illness, Havens Hospices can help, controlling pain and medication, supporting families, offering short breaks and caring for adults, babies, children and teenagers at the end of their lives.

Our specialist care is free – for as long as it is needed – within the home and at our two hospices, Fair Havens and Little Havens.

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Cheque Number 000937

Phil Nathan

£500.00

At KidsOut we believe that all children deserve fun and happiness in their lives and work every day to make it a reality. Whether they have escaped domestic violence or live daily in poverty, KidsOut provides disadvantaged children across the UK with exciting memories to cherish. Through giving hope and building confidence in young people, KidsOut is shaping a better tomorrow. Join with us and together we can Make Kids Happy!

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*different* **Strokes**

Support for Younger Stroke Survivors

**Different Strokes**

Cheque Number 000938

Phil Nathan

£500.00

Different Strokes was launched for the purposes of active self-help and mutual support. Our network of support and exercise groups assists younger stroke survivors to:

- Optimise their recovery
- Regain as much independence as possible
- Play a full role in their communities

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*creating futures*

Charity for children and young people in Rushmoor

**Creating Futures Rushmoor**

Cheque Number 000939

Phil Nathan

£500.00

A charity for children and young people in Rushmoor. Our mission is simple – we aim to improve our communities by supporting children and young people to overcome barriers, through raising aspiration and enabling achievement.

Initially a youth club for young people living in one of the top 20% areas of deprivation in England our intention was clear – providing opportunities for young people to stay off the streets in a warm, welcoming and nurturing environment where they could play the latest consoles, access the internet and be safe.



**Cerne Valley Scout Group**

Cheque Number 000940

Phil Nathan

£500.00

Our donation of £500 contributed towards young people's activities in the Cerne Valley Scout Group. The group are small and based in a rural location where funding can be somewhat difficult.



Fighting muscle-wasting conditions

**Muscular Dystrophy UK – in memory of Eve Shepherd**

Cheque Number 000942

Phil Nathan

£500.00

Muscular Dystrophy UK (previously known as the Muscular Dystrophy Campaign) is the charity bringing individuals, families and professionals together to beat muscle-wasting conditions. Founded in 1959, we have been leading the fight against muscle-wasting conditions since then. We bring together more than 60 rare and very rare progressive muscle-weakening and wasting conditions, affecting around 70,000 children and adults in the UK.

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**Jubilee Sailing Trust**

Cheque Number 000944

Phil Nathan

£1,200.00

The Jubilee Sailing Trust (JST) is an international, United Nations accredited disability charity, promoting integration through the challenge and adventure of tall ship sailing.

We provide life-changing adventures to people of all ages, backgrounds and levels of physical ability. Our voyages change lives by improving self-esteem, building confidence, and providing fantastic leadership and life skills.

Our donation of £1,200 contributed towards the 2016 and 2017 Shipshape Awards. £600 towards Jack Hickey and £600 towards Lewis Ballie.

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**Pilgrims Hospice - in memory of James Cox**

Cheque Number 000945

Phil Nathan

£500.00

We provide specialist care to patients and families across east Kent.

Our vision for hospice care is that everyone should have access to the services they need to cope with illness that cannot be cured and make the most of the time they have.

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**St Raphael's Hospice**

Cheque Number 000946

Phil Nathan

£500.00

St Raphael's Hospice is celebrating its 30th Anniversary this year. Since April 1987, St Raphael's has offered Hospice care to people with life-limiting illness living in the boroughs of Merton and Sutton (predominantly Wimbledon, Merton, Sutton and Cheam). The service is completely free of charge, and provides high quality medical and nursing interventions, as well as support to family and friends. The Hospice fully recognises and respects cultural, ethnic and religious differences and patients of all faiths or none, are welcome at St Raphael's.

The donation contributed towards Keith Brown's plane jump from 15,000 feet.

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**Cystic  
Fibrosis Trust** Cystic Fibrosis Trust

Cheque Number 000947

Phil Nathan

£500.00

The Cystic Fibrosis Trust, founded in 1964, is a United Kingdom national charity dedicated to all aspects of cystic fibrosis (CF). It funds research to treat and cure CF and aims to ensure appropriate clinical care and support for people with cystic fibrosis. Its objectives are:

- To fund medical and scientific research into effective treatments and the development of a cure for cystic fibrosis;
- To ensure appropriate clinical care for those with cystic fibrosis;
- To provide information, advice, support and, where appropriate, financial assistance to anyone affected by cystic fibrosis.



**Head & Neck Cancer Foundation**

Cheque Number 000948

Phil Nathan

£500.00

The HNCF is a small organisation compared to the cancer charity giants, but we believe that a tightly run, precisely focused charity can have a sharper impact in this critical area of care. HNCF is run by people who really know what helps cancer sufferers and what technology is available. Professor Mark McGurk is a world-renowned surgeon at the forefront of his field with decades of experience in treating patients. His aim is to spread the benefits of his knowledge to all areas of the UK. Another growing aspect to our charity, is promoting awareness of head and neck cancer. Although we are constantly striving to improve cancer diagnosis and treatment, prevention of head and neck cancer in all possible instances is key. As well as this, recognition in the early stages makes an individual's chances of survival so much greater. Through raising awareness of the risks associated to certain cancer related activities as well as promoting self-checking and recognition of abnormalities, we hope to raise awareness of head and neck cancer to dentists, doctors and the general public

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**Hearts & Minds Basildon**

Cheque Number 000950

Nick Bealer

£500.00

1. To increase awareness of heart disease, its causes, treatments, implications and help available.
2. To provide social and personal contact with people who share and understand their needs and problems.
3. To liaise with existing groups, organizations and institutions in this and related fields.
4. To promote and provide support on aftercare for patients, partners, and carers when resuming home and social life.

Our donation contributed towards Nick Bealer's sponsored walk.

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**Blind Veterans UK**

Cheque Number 000951

Phil Nathan

£1,000.00

We are here to support anyone who has served in the Armed Forces, or who has done National Service, and who is now living with significant sight loss. We help blind ex-Service men and women lead independent and fulfilling lives by supporting them with our in-depth expertise, experience and full range of services.

We give veterans much-needed support to adjust to sight loss, overcome the challenges of blindness and enjoy daily life. Our charity has been offering physical and emotional support to vision-impaired veterans since 1915.

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**Blooming Blossoms Trust**

Cheque Number 000952

Phil Nathan

£500.00

Blooming blossoms aims to weed barriers such as poverty, disability, social prejudices and limitations so that each child can thrive and blossom in a healthy environment which is conducive to their growth and development.

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THE DUKE OF  
EDINBURGH'S AWARD **The Duke of Edinburgh's Award**

Cheque Number 000953

Phil Nathan

£1,000.00

For the past seven decades, our Charity (Reg. no. 1072490) has inspired and transformed the lives of millions of young people from all walks of life. From volunteering to physical activities, life skills to expeditions, achieving a DofE Award is a passport to a brighter future, valued by employers and universities.

The world's leading youth achievement award, the DofE in the UK is proud to be part of The Duke of Edinburgh's International Award Foundation, which drives and supports global growth.

It's our ambition to give another one million young people in the UK this life-changing opportunity by 2021. Interested in helping our Charity? Find out how to support us.

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**Special Olympics GB**

Cheque Number 000954

Phil Nathan

£1,000.00

Special Olympics GB is the largest provider of a year-round, all ability, sports programme in Great Britain and supports over 10,000 athletes with intellectual (learning) disabilities on a continued basis.

Across, England, Scotland and Wales, approximately 27,000 regular sports coaching sessions of at least one hour each, are delivered locally each year by 140 accredited programmes across 28 different sports.

This coaching activity leads to an annual average of 100 all ability, inclusive sports competitions. Its competition pathways make Special Olympics Great Britain unique within the disability sports sector as it provides for athletes of all abilities, opportunities to compete and progress at local, regional, national and international levels.

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**Safe Partnership**

Cheque Number 000955

Phil Nathan

£500.00

Safe Partnership have successfully delivered the Safe DATE (Domestic Abuse training and Education) programme across the UK, working with over 30,000 students since 2012.

16-24 year olds are the most at risk from being in an abusive relationship.

The Safe DATE (Domestic Abuse training and Education) programme includes a free one hour workshop that discusses relationship issues that face young people. It helps them recognise the early signs of teenage partner abuse and domestic violence to prevent them becoming victims themselves, and develop healthy relationships.

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**Life Cycle UK**

Cheque Number 000956

Phil Nathan

£500.00

We believe that cycling has a central role to play in improving individual lives, local communities and the environment. The bicycle is a perfect form of transport. It has minimal impact on the local environment, which means it doesn't contribute to congestion, pollution or the general degradation to our urban environments. Our role is to demonstrate that cycling is not dangerous and that with the right skills, people can cycle safely and confidently. We help change attitudes and behaviour towards cycling by giving people the skills and confidence they need to cycle safely.

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IN SUPPORT OF



**Combat Stress**

Cheque Number 000957

Phil Nathan

£500.00

Combat Stress are the leading Veterans' mental health charity in the UK provided treatment for ex-Service personnel suffering with mental ill-health including Post-Traumatic Stress Disorder (PTSD), anxiety and depression. It doesn't matter how young or old you are, where you Served, or whether you saw combat - they may be able to help. If you are the loved one or carer of an ex-Service man or woman, there's support for you too.



**Asperger's Children & Carers Together**

Cheque Number 000958

Phil Nathan

£500.00

Asperger's Children and Carers Together (ACCT) is a parent-led support group for children and families affected by Asperger's syndrome and High Functioning Autism. We run activity groups for children and teenagers with Asperger's and Autism, as well as family days out and other trips. Siblings are welcome too. We also host weekly drop-in sessions at Acctivate and monthly meetings for parents and carers.

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**Headway Essex**

Cheque Number 000959

Phil Nathan

£500.00

Through the work of Headway Essex:

- People with acquired brain injury will fulfil their potential
- Families and carers will be better able to cope with their caring role
- The wider community will understand the causes and effects of acquired brain injury



**Royal Marsden Cancer Charity**

Cheque Number 000960

Mike Dedman

£500.00

The Royal Marsden Cancer Charity raises money solely to support The Royal Marsden, a world-leading cancer centre.

With your help we can ensure our nurses, doctors and research teams can provide the very best care and develop life-saving treatments which are used here in the UK and around the world.

From funding state-of-the-art equipment and ground-breaking research, to creating the best patient environments, we never stop looking for ways to improve the lives of people affected by cancer.



**Bliss**

Cheque Number 000961

Phil Nathan

£500.00

Bliss was founded in 1979 by a group of concerned parents who discovered that no hospital had all the equipment it needed to safely care for premature and sick babies.

Determined to do something, these volunteers formed a charity to give vulnerable babies the care they deserve. Almost 40 years later Bliss has grown into the leading UK charity for the 90,000 babies born needing neonatal care every year.

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**Ability North London**

Cheque Number 000962

Mike Dedman

£500.00

To promote and advance the education, training and development of young people/adults in the united kingdom having physical, behavioural or learning difficulties so as to ensure that so far as possible they may develop as individuals and members of society, and that their difficulties may be relieved. To provide facilities for the recreation and other leisure time occupation of the said persons.

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**Music in Hospitals**

Cheque Number 000963

Phil Nathan

£500.00

Music in Hospitals & Care (MiHC) brings interactive live music sessions to people who are receiving care or treatment in healthcare settings across the UK. We aim to make people feel good, one tune at a time.

MiHC is a UK charity, founded in 1948. Our live musical sessions are designed to humanise clinical settings, to reach and connect people, to encourage communication and meaningful interactions and to elicit emotions and memories when it matters most.

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**Handicapped Children's Action Group**

Cheque Number 000964

Mike Dedman

£500.00

Handicapped Children's Action Group is a registered charity working to provide specialist equipment for children with disabilities, learning difficulties and other special needs. The children, from all areas of the UK are unable to obtain this equipment from the NHS and because of the cost it is usually unaffordable by the families.

Handicapped Children's Action Group was first established in 1988 as a result of a previous chairman trustee's involvement with fundraising for a child close to his heart. It was made clear during this fundraising just how difficult it was to obtain desperately needed equipment for seriously ill children and especially so, if the child was from a family with very little income. As a result of that insight into the difficulties, a number of people involved in that fundraising event formed a group which went on to raise funds for disabled children from low income families. The Handicapped Children's Action Group registered as a charity in 1992.

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**Home-Start Wyre Forest**

Cheque Number 000965

Phil Nathan

£500.00

Home-Start Wyre Forest is a Family Support Organisation delivering friendship and support to parents with young children in the Wyre Forest district of Worcestershire.

Home-Start offers support, friendship and practical help to parents with young children in local communities, offering a unique service delivered by trained and supported local volunteers, who visit families at home to offer informal, friendly and confidential support. To help give children the best possible start in life, Home-Start supports parents as they grow in confidence, strengthen their relationships with their children and widen their links with the local community, to promote better outcomes for parents and children.



**Caudwell Children**

Cheque Number 000966

Phil Nathan

£500.00

Our vision is a world where all sick and disabled children's needs, however complex, are met throughout childhood. We are passionate about improving the health and wellbeing of families, tackling deprivation that begins at birth, and providing opportunities for disabled children and their families to make informed choices and reach their full potential.

Our mission is to transform the lives of children and their families, enabling them to challenge the barriers they face throughout childhood.



Cheque Number 000967

Mike Dedman

£500.00

Play Torbay is an incorporated charity launched on 7 October 2010, previously and since 1999 known as Torbay Play Forum. Our aim is to improve the quality and quantity of play provision for children and young people living in Torbay and raise awareness about the importance of play in children's lives.

Our core activities are:

- Free holiday and half-term activity programmes
- Adventure Playgrounds – developments in Brixham: Indigos Go Wild, Paignton: Wild Fox and Torquay: Fort Apache
- Bay Play Rangers free sessions in parks and open spaces across the Bay
- Play Days (please see Play Days Report here)



**Cancer Support UK**

Cheque Number 000968

Mike Dedman

£500.00

Cancer Support UK provides practical and emotional support to people living with cancer, both during and after the treatment period. We support people with all kinds of cancer across the UK. Our Cancer Coach Programme is a six week structured 'self-management' course – delivered by phone – for people living with cancer. Developed by a range of cancer professionals, the programme offers much needed encouragement and emotional support, which is fundamental to recovery. Groups are run by people who can empathise and understand what it's like - as they have experienced cancer themselves.

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Support and friendship  
for families

**Home-Start Walsall**

Cheque Number 000969

Phil Nathan

£500.00

Across all four nations of the United Kingdom 16,000 volunteers support 30,000 families and 60,000 children to transform their lives.

There are 269 local, independent Home-Starts. At the heart of each Home-Start's work is home visiting volunteer support.

Families struggling with post-natal depression, isolation, physical health problems, bereavement and many other issues receive the support of a volunteer who will spend around two hours a week in a family's home supporting them in the ways they need.

Home-Starts across the UK also support families in groups, hold day trips and Christmas parties and help access local services, as well as lots of other support.

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**Terrence Higgins Trust**

Cheque Number 000970

Phil Nathan

£500.00

We are the largest voluntary sector provider of HIV and sexual health services in the UK, running services out of local centres across Great Britain.

The range and availability of services provided at any one centre depends on the needs of the community we serve and the requirements of our funders (usually local authorities and NHS organisations, sometimes voluntary funders).

Our local services fall into three areas: long term condition management; health improvement and clinical services.

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**Stroke Association**

Cheque Number 000971

Phil Nathan

£500.00

We are the UK's leading charity dedicated to conquering stroke. We rely on your support to provide vital services, campaign for better stroke care and to find better treatments.

There are over 1.2 million stroke survivors in the UK with 100,000 strokes happening in the UK each year. That's one stroke every five minutes.

Even though you are now twice as likely to survive a stroke compared to 20 years ago, stroke is still the fourth single largest cause of death in the UK.

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Cheque Number 000972

Phil Nathan

£500.00

Stoll is a leading Veterans' charity and Housing Association that has been helping ex-Service personnel since 1916. Stoll provides safe, high quality housing and access to services that enable vulnerable and disabled Veterans in need of support to live fulfilling, independent lives. From the original development of 157 homes in Fulham, West London, Stoll now runs a further three sites in and around West London. As well as a range of support within these communities, they provide services for Veterans living in the wider community. From the Outreach Service to the monthly Drop In and the Veterans' Nomination Scheme, we want all Veterans to lead the fulfilling lives that they deserve.

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**The Fircroft Trust**

Cheque Number 000973

Phil Nathan

£500.00

Our aims are:

To support adults to cope more effectively with their mental health issues.

To support people in their personal growth and development.

To work closely with other service providers and the community mental health teams.

To support individual needs through a key-working system.

To provide equal access to all people with mental health needs in our community, regardless of race, gender sexual orientation and disability, free from discrimination and reflecting the diversity, culture and background of our community.

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Cheque Number 000974

Phil Nathan

£500.00

The PBC Foundation is a charity which offers support and information to people affected by PBC, their families and friends.

The PBC Foundation provides support for people suffering with Primary Biliary Cholangitis, their families and friends. The PBC Foundation issues a quarterly newsletter and can put you in touch with others that have PBC.

The PBC Foundation is the only UK organisation that specifically helps those affected by PBC: patients, their carers and their families, and health professionals. We serve members in over 65 countries around the world.

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Cheque Number 000975

Phil Nathan

**The Royal Star & Garter Homes**

£500.00

The Royal Star & Garter Homes is a charity that provides outstanding nursing and therapeutic care to the ex-Service community.

The Royal Star & Garter Homes provide excellent nursing and care within a friendly, supportive environment. We understand that having hope and purpose in life is important to us all, so we do our utmost to enable the people who choose to live with us to be as independent as possible and live life to the full. With this in mind, everyone who lives in our homes enjoys superb facilities and brilliant therapeutic care, as well access to an extensive programme of activities and outings.

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Cheque Number 000976

Mike Dedman

**Broughton House**

£500.00

Established in 1916 to provide treatment to the thousands of soldiers returning from the trenches of WW1, Broughton House has since evolved into a dedicated charity and nursing home for veterans living their remaining years amongst friends and a team committed to serving all those who served us.

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**Arthritis Care**

Cheque Number 000977

Phil Nathan

£500.00

Arthritis Care is the UK's largest organisation working with and for all people with arthritis. We are a membership organisation with a network of local branches and groups.

Arthritis Care acts on behalf of people with arthritis in England. We provide them, their families and friends with support, understanding, information and expertise so that they can cope with the impact of the condition and get the most out of life.

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**The Camphill Family**

Cheque Number 000978

Phil Nathan

£500.00

Through nine communities, The Camphill Family helps to offer a supportive home and fulfilling life to some 350 vulnerable adults. Whether we live in a household with others, or more independently, we accept and appreciate each other for who we are and encourage each other to give our best.

We believe that everyone has something of worth to contribute and should have the chance to develop their potential in an atmosphere of mutual care and respect. Doing work we enjoy, having fun, helping each other to learn and grow, and living in harmony with nature are fundamental.

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**The Myton Hospices**

Cheque Number 000979

Mike Dedman

£500.00

At The Myton Hospices we believe that everyone matters for every single moment of their life; we focus on enhancing life when cure is no longer an option.

We are leaders in compassionate end of life care; our work centres on patient wellbeing and involving them in decisions about their care. Perhaps most importantly we give our patients more quality time with their loved ones.

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**WheelPower**

Cheque Number 000980  
Phil Nathan

£500.00

We have been providing opportunities in sport for people with physical impairments for nearly 70 years.

Based in Stoke Mandeville, the home of the Paralympic movement, WheelPower is at the heart of wheelchair sport.

From first-timers to Paralympic medallists, we support and promote participation at all levels. We have seen how playing sport can enrich lives, offering tremendous physical and psychological benefits, whatever your age or ability.

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**CoppaFeel!**

Cheque Number 000981  
Nick Bealer

£500.00

We are the first breast cancer charity in the UK to solely create awareness amongst young people, with the aim of instilling the knowledge and tools they need to get to know their bodies. We like to talk about a serious message in a light-hearted way, empowering people to start healthy habits for life.

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**Histio UK**

Cheque Number 001011  
Robin Mitchell

£1,000.00

Our objectives:

The relief of sickness and preservation of good health among patients affected by histiocytic diseases their families and carers, in particular but not exclusively by:

- (i) the promotion and furtherance of scientific research into the physiology and pathology of histiocytes and the aetiology of histiocytocytic diseases, the useful results of which will be disseminated for the public benefit;
- (ii) the development of more accurate means of diagnosis, improved protocols for management of patients and ultimately measures for prevention of histiocytic diseases;
- (iii) the provision and dissemination of information, education and knowledge in support of patients and families affected by the disease to include the medical professions and general public;
- (iv) collaboration with interested individuals and organisations.

The £1,000 donation went towards a charity golf day and dinner in May 2017. This was arranged by Robin Mitchell on behalf of his close friend's grandchildren suffering with Langerhans cell histiocytosis.

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**British Heart Foundation**

Cheque Number 000983

Phil Nathan & Trisha Reay

£1,000.00

We are the UK's number one heart charity and through 50 years of funding cutting edge research we have already made a big difference to people's lives.

But the landscape of heart disease is changing. More people survive a heart attack than ever before, and that combined with an ageing population means more people are now living with heart disease and need our help.

As a result we have been reviewing our strategic approach with the help of staff, supporters and stakeholders.

Our new strategy will give us powerful focus in our fight for every heartbeat, and enable us to lead the fight against cardiovascular disease more effectively.

The £1,000 donation contributed towards BHF's CPR Scheme - which teaches young people (11+) through school, youth groups and community groups Call Push Rescue (CPR).

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**Spitalfields Crypt Trust**

Cheque Number 000985

Mike Dedman

£500.00

For over 50 years, we've been supporting people recovering from addiction by helping them to get clean and sober, develop self-respect and hope for a much better future.

From a sleeping bag to a healthy life, our wide range of support services help guide people through a series of steps which aim to build their prospects for lifelong recovery.

We also run a number of social enterprises. These businesses provide valuable work experience and a training ground for those in the later stages of their recovery and rehabilitation.

Committed to working with people of any faith or none, we passionately believe that, with the right long-term support, our service users can experience real and lasting change in their lives.

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**Yalding Scout Group**

Cheque Number 000986

Nick Bealer

£500.00

Adventure is at the heart of everything we do. It is the single most important thing that sets Scouts apart. Through the everyday adventure of Scouting, young people and adult volunteers regularly experience new challenges that enrich their lives.

From camping and hiking to surfing and paragliding, there are hundreds of activities that Scouting offers.

Our donation of £500 contributed towards the purchase of a new trailer.

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**Yorkshire Air Ambulance**

Cheque Number 000987

Phil Nathan

£500.00

It may surprise you to know that the Yorkshire Air Ambulance Charity relies on the generosity of individuals and organisations to help save lives across Yorkshire.

In fact as a Charity we only receive help through secondment of paramedics from the NHS, through Yorkshire Ambulance Service NHS Trust. To keep both of Yorkshire's air ambulances in the air we need to raise £12,000 per day.

This is equivalent to £4.4 million per year. As a rapid response air emergency service the Charity serves a population of approximately 5 million people across 4 million acres. Our two Air Ambulances operate from The Nostell Priory Estate near Wakefield and RAF Topcliffe near Thirsk, and together both Air Ambulances cover the whole of the region.



**DEMAND**

Cheque Number 000988

Mike Dedman

£500.00

DEMAND – Design & Manufacture for Disability. We are ready to put our minds to any challenge that comes our way, whether the request is from a parent, carer, health professional or directly from someone with a challenge they'd like to overcome. We know that not every problem can be solved with equipment, but we draw on our wealth of engineering and technical knowledge to help whenever we can.

We help people of any age, and with any kind of disability regardless of their financial circumstance.



**Veterans Aid**

Cheque Number 000989

Phil Nathan

£500.00

In general terms all the charity's activities revolve around helping ex-servicemen and women in crisis. Specifically it deals with all the factors that contribute to crisis – significantly those leading to homelessness. Because homelessness is both a cause and effect VA's activities are diverse. The endgame is always to enable sustainable, independent living, but the interventions necessary to achieve this can involve days, weeks, months – or even years of investment.



**Dreams Come True**

Cheque Number 000990

Phil Nathan

£500.00

We are a national UK charity that works hard to make dreams come true for children and young people with serious and life-limiting conditions aged between 2 and 21 years old. Fulfilling a dream can help a child or young person to think beyond their illness or disability and focus on something highly positive and empowering. The experience can create amazing memories for entire families and our friendly and knowledgeable team are there to help every step of the way.

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**SignHealth - The Deaf Health Charity**

Cheque Number 000991

Phil Nathan

£500.00

SignHealth works to improve the health and wellbeing of people who are Deaf. We provide some services directly in British Sign Language (BSL), we work in partnership with the NHS and we also campaign for change.

We have a range of projects, services and campaigns, all aimed at improving the health of Deaf people.

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**Asthma Relief Charity**

Cheque Number 000992

Mike Dedman

£500.00

Asthma Relief Charity was set up in 1997, when Founder and Honorary Manager, Dave Penman noticed a shortage of nebulisers whilst convalescing, from heart surgery, in hospital. The charity now donates nebulisers to hospitals, doctor's surgeries, hospices, residential homes and individuals who have been referred to us by their GP. We are regularly contacted by many community nurses, requesting nebulisers for patients, who after a stay in hospital, are able to go home but still need to use a nebuliser.

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**STEP (Standing Together Empowering People)**

Cheque Number 000993

Mike Dedman

£500.00

STEP is a non-labelling project covering Norfolk and Suffolk. STEP supports vulnerable women from a variety of backgrounds. Most have come out of exploitative, abusive relationships; linked with this, most also have drug and alcohol addictions/backgrounds, and therefore need a great deal of support in their lifestyle changes. Some women and their children are living in poverty which can make them vulnerable to those who will exploit them and abuse them.

Our aim is to provide a sense of family and community where these women can be encouraged to grow in confidence and self-esteem. They are then more able to make better lifestyle choices for themselves and their families, knowing they will be supported in their journey.

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**Southampton Sight**

Cheque Number 000994

Phil Nathan

£500.00

We stock a huge range of specialised and adapted equipment to help visually impaired people with daily living both in and away from home. At our centre the equipment is available to view and try before you buy. Visitors are welcome to come along with their partner, friend or family member to participate in the experience. Our knowledgeable team are always on hand to provide information and advice about the products.

We recognise how important it is to be provided with quality information, advice and guidance. All our staff receive regular training so that they are kept up to date with the latest news, products and benefits support. Whether its face to face, via the telephone or email, our staff are here to help with whatever query you may have.

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**Action For Kids**

Cheque Number 000995

Mike Dedman

£500.00

For 25 years, Action For Kids has provided mobility equipment for disabled children around the UK, as well as supporting young adults with learning disabilities to live their lives like others their age. We have a team of specialist job coaches who work with individual trainees up to the age of 26 to help them get into work. Action For Kids works with students aged 14 and over who have special educational needs and disabilities (SEND), helping to smooth the transition to adult life.

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FRANCIS HOUSE  
CHILDREN'S HOSPICE  
Caring for children with a short life expectancy

**Francis House Children's Hospice**

Cheque Number 000996

Mike Dedman

£500.00

Francis House provides a home from home where families can receive professional care, support and friendship. Francis House is open to all families who:

- Have children diagnosed as having a life threatening or life limiting condition
- Are under sixteen years of age on referral

Care is given free of charge and regardless of faith or cultural background.

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dorset action on abuse

**Dorset Action on Abuse**

Cheque Number 000997

Phil Nathan

£500.00

Our mission is to relieve the suffering and distress of men and women over the age of 16 who are survivors of child abuse (sexual, physical, emotional and neglect) in Dorset, including Bournemouth and Poole.

The experience of childhood abuse is recognised as having a significant traumatic impact on a person's life. Some who were abused when they were young experience lasting distress and debilitating symptoms that endure into adulthood.

Depression, extreme anxiety and fear, inability to trust others, and chronic physical symptoms are but a few of the effects that can seriously limit childhood abuse survivors' hopes for a happy, fulfilling life. We seek to raise public awareness of the needs of the adult survivors of child abuse and promote a more understanding and supportive public attitude towards them.

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Brainwave

**Brainwave**

Cheque Number 000998

Mike Dedman

£500.00

Brainwave is a charity that exists to help children with disabilities and additional needs to achieve greater independence by aiming to improve mobility, communication skills and learning potential through a range of educational and physical therapies.

The Brainwave Programme aims to develop the maximum potential of each child by taking an integrated approach to their physical and cognitive development and by aiming to enhance a child's social skills and emotional well-being. We provide two full days, with two therapists for an initial assessment, followed by one-day reassessments every 4-6 months.

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**WINGS FOR WARRIORS** Wings For Warriors

Cheque Number 000999

Phil Nathan

£500.00

Wings for Warriors is a unique charity, which believes wounded, injured and sick servicemen and women deserve the best opportunities even after military service has ended. By working with military rehabilitation units, other charities, businesses and the public, our aim is to inspire our wounded warriors to move past injury and achieve new, bright and sustainable futures. Nobody should ever feel like they have already achieved their best, which is why, for our students, the sky is merely the beginning.

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**Veteran's Garage**

Cheque Number 001000

Phil Nathan

£500.00

Veterans' Garage is a unique approach to providing support to Military Veterans across the North West to have a stable social hub, to learn new skills, and receive the support and advice that is available to them.

Our aim is to build a hub for ex-servicemen and the local community to come together, creating a facility that can serve as a venue for unique events that can raise funds and awareness for local causes.

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**Hotline Meals Service London**

Cheque Number 001001

Mike Dedman

£500.00

Hot Line Meals Service (London) is an organisation run solely by our loyal band of 175 volunteers, who prepare, cook, pack and deliver daily hot fresh nutritious meals to over 150 people who are physically/emotionally ill, frail, elderly or members of dysfunctional families. Our service users are of the poorest members in BAME communities in London's most deprived boroughs of Hackney and Haringey. As a result of our activities, people are enabled to stay independent and well in their own homes.

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**Action For Children**

Cheque Number 001002

Nick Bealer & Lorne Daniel

£500.00

From before they are born until they are into their twenties, we help disadvantaged children across the UK.

We help them through fostering or adoption – and by intervening early to stop neglect and abuse. We make life better for children with disabilities. We influence policy and advocate for change. Our 7,000 staff and volunteers operate over 600 services, improving the lives of 370,000 children, teenagers, parents and carers every year. We succeed by doing what's right, doing what's needed, and doing what works for children.



**THE COMPASSIONATE FRIENDS**  
Supporting Family After a Child Dies

**The Compassionate Friends**

Cheque Number 001003

Mike Dedman

£500.00

The Compassionate Friends (TCF) is a charitable organisation of bereaved parents, siblings and grandparents dedicated to the support and care of other similarly bereaved family members who have suffered the death of a child or children of any age and from any cause. Many people who have suffered the loss of a child feel a bond with others in the same situation and wish to extend the hand of friendship. We offer support, both directly to bereaved families, and indirectly by fostering understanding and good practice amongst professionals concerned with child death and by increasing public awareness.



**Action for Sick Children**

Cheque Number 001004

Phil Nathan

£500.00

Action for Sick Children has championed for more than 50 years on behalf of children and young people's healthcare, whether in hospital or at home and from national policies to individual family cases.

As a watchdog for children and young people's health services the charity ensures that standards are safeguarded, maintained and improved. Action for Sick Children believe that family focused environments, as well as excellent health care services, are critical in aiding recovery. Action for Sick Children works in partnership with health care professionals and providers to encourage the involvement of children, young people, families and their carers in the development of their health care services in order that the health care delivered is appropriate to their unique needs and specific priorities.



Enriching lives  
through music

**Music and the Deaf**

Cheque Number 001005

Phil Nathan

£500.00

Music and the Deaf is the only UK charity entirely dedicated to providing access, education and opportunities in music for deaf children, young people and adults. The charity was founded in 1988 by Dr Paul Whittaker OBE, himself a profoundly deaf musician. Now led by CEO Danny Lane following Paul's resignation in 2015, the charity continues to go from strength to strength, and has built an international reputation for pushing the boundaries of what deaf people can aspire to and achieve in music.

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**Little Troopers**

Cheque Number 001006

Mike Dedman

£500.00

We strive to be supportive to all British Armed Forces families, regardless of their situation, the only eligibility criteria is children must have a serving mummy, daddy or both in the British Army, Royal Air Force or Royal Navy. All families will be given a warm welcome and encouraged to join the ever growing Little Troopers community. The charity was formed back in 2011 because a Little Trooper needed support and there really wasn't anything out there specially for forces children, the passion behind the founding of the charity is evident in all that is undertaken and achieved, so much is done with so little. The charity are committed every day to ensuring children are not disadvantaged due to their parents chosen career and the daily challenges that come with that career.

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**VOCAL**

Cheque Number 001007

Phil Nathan

£500.00

VOCAL works in partnership with professionals and organisations to raise carer awareness and support carer identification and access to services. Supporting carers to balance work with caring responsibilities can deliver real benefits to employers as well as helping individuals and their families.

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**High Level Northern Trust**

Cheque Number 001009

Phil Nathan

£500.00

We can support people short term or long term it is entirely their choice.  
We support people through empowering them to take control of their own lives by making positive choices instead of repeating old behaviours.  
We assess people to be able to meet their specific needs  
We provide 1-1 Sessions  
We have group therapy sessions  
We provide holistic therapies  
We provide counselling  
We have a drop in common room where people can socialise in a safe environment free from substances where we provide refreshments  
We have groups based on fun and enjoyment without the needs for substances  
We work with other agencies allowing people to have a holistic support network to meet many of their needs  
We have supported people to be substance free and helped to empower them to live a meaningful life free from addiction.

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**Lions Lifeskills - Grenfell Tower**

Cheque Number 001010

Phil Nathan

£7,000.00

The £7,000 donation will ensure a copy of either Life Changes or Life Changes 2 will be donated to each primary and secondary school in the Royal Borough of Kensington & Chelsea – the scene of the tragic Grenfell Tower disaster.

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**Total - £ 61,200.00**  
**103 charities**

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## **Information Received**

Marie Curie  
Stroke Association  
Gloucestershire Wildlife Trust  
Saint Francis Hospice  
Yorkshire Cancer Centre Appeal  
St Andrew's  
The Nightingale Cancer Support Centre  
British Heart Foundation  
Leonard Cheshire Disability  
CCHF All About Kids  
St Luke's  
Children with cancer  
CHICKS  
The Rainbow Centre for Children  
Brainwave  
St John Ambulance  
Hospice in the Weald  
British Red Cross - City of London  
Michael Bartlett - mobility scooter  
Somerset Sight  
Towards Tomorrow Together  
Faithworks Wessex  
Barts  
The Camphill Family  
Starlight  
The Mix  
Sue Ryder  
Blooming Blossoms Trust  
SW City Farm  
Glasgow Children's Hospital Charity  
Sonshine Club  
Mishon  
African Initiatives  
Keynsham Mencap  
BF Adventure  
Re:work  
Drama Expressions  
Police Community Clubs of Great Britain  
Young & Inspired  
Glad's House  
Lichfield Talking News & Community Care  
Catherine Concannon - hand controls fitted  
Buckingham Almshouses & Welfare Charity  
Lucy Air Ambulance for Children  
Second Chance  
St Werburghs City Farm  
St Joseph's Hospice  
Anode Connect  
Action on Elder Abuse  
Shoreditch Tabernacle Baptist Church  
Different Strokes  
Creating Futures  
KidsOut  
Dreams Come True  
Vocal  
Terrence Higgins Trust

Crown and Manor Club Hoxton  
SignHealth  
Hot Line Meals Service London  
Headway Worcestershire  
Headway Essex  
Impulse Decisions  
Caudwell Children  
STEP Norwich  
Combat Stress  
Little Troopers  
Seafarers  
Life Cycle UK  
Ability North London  
Here 2 Help  
Music and the Deaf  
Warrington Youth Club  
Safe Partnership  
PlayTorbay  
Asperger's Children & Carers Together  
The North London Foodbank  
Action for Sick Children  
Home-Start Walsall  
Action For Kids  
Myton Hospice  
Bliss  
Spitalfields Crypt Trust  
The Royal Marsden Cancer Charity  
Wheelpower  
Handicapped Childrens Action Group  
DEMAND  
Wings for Warriors  
Arthritis Care  
Music in Hospitals  
Home-Start Wyre Forest  
Veterans Aid  
High Level (Northern) Trust  
The Compassionate Friends  
Cancer Support  
Stoll  
PBC Foundation  
DAA  
Asthma Relief  
The Fircroft Trust  
Broughton House  
The Royal Star & Garter Homes  
Francis House Children's Hospice  
Action for Children  
Southampton Sight  
CoppaFeel  
Cancer Research UK  
Yorkshire Air Ambulance  
Veterans Garage  
Yalding Scout Group  
National Kidney Federation  
InterAct Stroke Support  
People in Action  
Caudwell Children

## **Items for Discussion**

## **Information**